



Using The Loved Bible Project in Discipleship

WHO DO I DISCIPLE?

Identifying the Who Guide

The Loved Bible Project can be used in a variety of ways. One way is to use it within a small group context (this might be 1-1, a triad, or a micro group of 3-4). We encourage you to Love a Bible alongside someone else and use this guide to prayerfully approach the people God has already placed in your life. We hope this will help you think through someone you could create a Loved Bible alongside and simple ways to invite and invest in them!

3 Reasons why using The Loved Bible Project a great tool for discipleship in a small group

The Process of creating a Loved Bible...

1. **Can be coupled as a service project.** Use as an opportunity to explore the needs around you. Pregnancy care centers, foster care support, addiction recovery, homeless ministries. If you have existing outreach ministries you are involved in, a Loved Bible can usually be incorporated.
2. **Covers the key truths of what it means to be a Christian and identifies areas to grow.** The Foundations Workbook creates a systematic framework of basic truths to discuss. It can be used for a new believer or can be used as a launching pad for those further along in their journey. For example, when you talk through the “Empowered” section, you can use it to create conversation around what it looks like individually to prioritize time in prayer or studying the Bible. Similarly, as you talk through the topic of Relationships, it’s a great opportunity to share about your relationship with the church and challenge each other if you have a casual or committed relationship with the church.
3. **Is an active learning environment.** Simply looking up Scriptures, highlighting, and slowing down to discuss and see how it connects to the core truth topic creates an active learning space.

First, pray!

If someone comes to mind, pray for the decision to invite and invest in them. Pray that they would be faithful, available, and teachable.

If someone does not come to mind, pray that the Holy Spirit would prepare someone for you. We have created this Intentional Prayer Guide to help you begin to create a prayer list to open your eyes

to the people God is placing in front of you. Making disciples of Jesus happens best in a personal relationship. It is helpful to think through the natural rhythms of your life and consider your neighbors, people at your gym, at work, or at your kids' sporting events. This guide will help you write down and think through these places! [Download the guide here.](#)

Second, look for faithful, available, and teachable men or women¹

You want to begin thinking about those people on your prayer list and identify people who are faithful, available, and teachable. Depending on your gender, men should disciple men, and women should disciple women.

Faithful: Someone who will show up to meet with you on a regular basis and expect faithful attendance.

Available: Busyness is a huge obstacle to discipleship! Look for available individuals. Look for someone willing to commit to meeting with you every week (or at least every other week).

Teachable: Look for people who are learners.

Third, Invite!

It's now time to start thinking about inviting them to create a Loved Bible with you!

Who came to mind as you prayed and worked through the Intentional Prayer Guide?

Write their names here: _____

Making disciples happens best in a personal relationship. It's now time to invite them to create a Loved Bible with you! You should already have some type of relationship where this does not feel super awkward and because you know this person, you'll know the best way to introduce the project to them.

Think about the different reasons why this person came to mind.

- Maybe they have asked you about your faith or noticed something different about you. By letting people see into our lives, people begin to ask questions. Don't hide your faith. You might say you are leaving work on time every Tuesday and mention it is for Bible study, or you can't stay out late on a Saturday night because you sing on the worship team early Sunday morning.

¹ Informed by Tim Garland, *Making Disciples that Make Disciples "Who do I disciple"*

- Maybe they have shared that they want to learn more about the Bible. This might be someone that is new to your church
- Maybe they have recently been baptized or joined your church community and want to grow deeper
- Maybe they are Christians that want to mutually grow alongside someone else to be a disciple maker
- You might have an existing discipleship relationship or small group to do it with

Ask!

"I have been working on something called The Loved Bible Project. In one of the activities, they encourage us to ask someone else to do the project with someone else. Would you be interested in creating a Loved Bible with me? A "Loved Bible" is a Bible with Scriptures highlighted and short notes written in it that give an overview of the gospel and how the gospel is for all of life. We can then give away these Bibles to _____ (think about a local place like a pregnancy care center, foster care support, human trafficking rescue, homeless ministry.) They have all the information to add to the Bible and I think this would be fun to do alongside someone else" (Learn more about The Loved Bible Project [here.](#))

Invitation details to think about

Create a schedule: Typically it takes 6-8 weeks to create a Loved Bible using the Foundations Workbook. You could spread this out and meet weekly, every other week, or 3 weeks on and one week off. Figure out a schedule that works best for you! It helps to create consistency and create a set schedule and then move week to week if there are significant conflicts. When the schedule is set you can prioritize it against other things that come up.

Time frame: Plan for an hour to 1.5 hours

If you need more details of what your time would actually look like together, read this guide: *What do I teach? Foundations Leader Guide.*